START with Hello Week 2023 JOIN THE MOVEMENT

Participate in Sandy Hook Promise's national campaign to celebrate kindness, connection, inclusion, empathy, and belonging.



Meet-n-Greet Monday

Meet someone new, use your own personalized "Hello Style."

Invite someone to play a game or join you at lunch.

Upstander Tuesday

Show appreciation to Upstanders who reach out and help others. Go the extrastep and surprise them with a certificate or Upstander-GRAM.





Weas Green Wednesday GREEN OUT!

Wear green today as a symbol of unity, inclusivity, and solidarity with Sandy Hook Promise.

Trinsted Adult Thussday

Thank a Trusted Adult who spreads the *Start With Hello* spirit and positivity.

Give Trusted Adults a <u>certificate</u> or <u>note of gratitude</u>.



Moving Fosward Fri-Yay

Make a **Start With Hello Promise Pledge**to keep the *Start With Hello*spirit going throughout the year.



Find more Start With Hello Week activities on this web page:



Share your daily activity photos
with Sandy Hook Promise
@sandyhookpromise on Instagram and Facebook
and @sandyhook on Twitter.
When you post, be sure to tag us and include
#SandyHookPromise #StartWithHello
#StartWithHelloWeek.

Use this <u>social media kit</u> to help spread the *Start With Hello* spirit:

